

# Survive, Thrive & Be Fit!

## Steps to Survivorship!



The **O.K.A.Y.** (One Kilometer A Year) Run/Walk

**Thursday, May 11<sup>th</sup> ● 6P to ???**

Tim Renzelmann will commemorate his 25-year “Cancer-versary!” on May 11<sup>th</sup> by running “One Kilometer A Year” (25 kilometers/15.5 miles) at the **Sheboygan South High School Track!**

All area cancer patients and survivors and those who want to join them are invited to walk or run their own “**One Kilometer A Year**” for cancer survivorship (1 year = 1k, 2 years = 2k, etc.)

**Location:** Sheboygan South High School Track

For more information... contact Tim at 920.457.2223!



Making Sheboygan County  
**The Healthiest Place  
To Survive Cancer!**

The Sheboygan County Cancer Care Fund is a “Beacon of Hope” for cancer patients and survivors of Sheboygan County, offering financial “Gestures” and healthy “Survive, Thrive & Be Fit” activities to eligible community members!

To learn more:  
visit [www.scccf.org](http://www.scccf.org) or call 920.457.2223