

# Survive, Thrive & Be Fit!

## Gentle Yoga for Cancer Survivors!



# International Day of Yoga!

Wednesday, June 21<sup>st</sup>  
5:30PM

MOA/SCBS, 1621 N. Taylor Drive, Sheboygan

Join us as for this special “Survive, Thrive & Be Fit” yoga session to celebrate International Day of Yoga and the Summer Solstice!

This session will feature all three of our fabulous yoga instructors: Katie, Kaitlynn & Stacey!

**Space is limited and RSVP is strongly recommended!**



Making Sheboygan County  
The Healthiest Place  
To Survive Cancer!

The Sheboygan County Cancer Care Fund is a “Beacon of Hope” for cancer patients and survivors of Sheboygan County, offering financial “Gestures” and healthy “Survive, Thrive & Be Fit” activities to eligible community members!

To learn more:  
visit [www.scccf.org](http://www.scccf.org) or call 920.457.2223