

# The Local Cancer Community Update of



Submitted by: **Tim E. Renzelmann**

**July 6<sup>th</sup>, 2017**

## **Dr. H. Marshall Matthews (Matthews Oncology Associates) Celebrates Twenty-Five Years of Providing Cancer Care in Sheboygan!**

**Dr. H. Marshall Matthews** received his pre-medical and medical education at the University of Colorado, Boulder. From there he accepted an Internship at the University of Wisconsin Hospitals & Clinics (now the UW Carbone Cancer Center) where he also completed his Internal Medicine Residency and held the positions of Chief Resident of Internal Medicine and Medical Oncology Fellowship.

On July 6<sup>th</sup>, 1992 Dr. Matthews opened the doors to his private oncology practice, Matthews Oncology Associates, here in Sheboygan where he has provided extraordinary care with dedication, commitment and compassion!



### **HAPPY 25<sup>th</sup> ANNIVERSARY DR. MATTHEWS!!!**

I give much credit for my own survival and the quality of my life (in body, mind, heart and spirit) following my personal cancer experience to Dr. Matthews. On occasions when I have expressed this to him, he has deflected credit away from himself and to the science of medicine, to the team he has assembled and to the “something greater” that can be as miraculous as it is mysterious.

Whether or not you are a patient of Dr. Matthews, you should know that much in today’s “Local Cancer Community” that benefits cancer patients and survivors, can be attributed to him including the TLC (Together we Live with Cancer) Supportive Community, The Sheboygan County Cancer Care Fund and The Sharon S. Richardson Community Hospice!

The staff here at Matthews Oncology Associates / Sheboygan Cancer & Blood Specialists will take the opportunity to say “Congratulations & Thank You!” to Dr. Matthews for this 25-year “silver anniversary” of providing care in our community! To commemorate the day, we have added a sprinkling of silver decorations around the clinic and will be handing out silver beads along with a sweet treat to those patients/survivors visiting the clinic throughout the day!

If you would like to join the celebration... please consider forwarding a note of congratulations and gratitude to Dr. Matthews (or Dr. Bettag) to me by Monday morning and I will compile your comments and present them to the physicians early next week.



Additionally, I invite you to commemorate this special "One Day" by making a "One Dollar A Year (D.A.Y.)" donation for each year he has been in Sheboygan, each year he has cared for you, or each year you have benefitted from any of the many programs, resources or organizations to which he can be credited that are now an integral part of our Local Cancer Community!

### Upcoming Events & Opportunities:

**SPECIAL NOTE:** For events and activities of the local cancer community (including those beyond this Local Cancer Community Update) visit [www.scccf.org/news!](http://www.scccf.org/news!)

### **SCCCF "Survive, Thrive & Be Fit" Four Miles of Fitness/Disc Golf!**

**Monday, July 10<sup>th</sup>, 6 to 8P!**

Road America Track, Elkhart Lake

Please contact Tim in advance to receive a Pass for the day (otherwise, there is a \$5 entry fee).

### **SCCCF "Survive, Thrive & Be Fit" Gentle Yoga: July Session 1 of 2!**

**Wednesday, July 12<sup>th</sup> at 5:30P!**

MOA/SCBS, 1621 N. Taylor Drive, Sheboygan

### **Route 43-Harley Davidson: 11<sup>th</sup> Annual "Ride to Survive" Poker Run!**

**Saturday, July 15<sup>th</sup>, 10 AM to 5 PM**

Start: Route 43 Harley Davidson

3736 S. Taylor Drive, Sheboygan

For more information call 920.458.0777

### **TLC Survivorship Session: Rethinking Assumptions About Cancer & Cancer Survivorship!**

**Tuesday, July 18<sup>th</sup> at 6PM!**

MOA/SCBS, 1621 N. Taylor Drive, Sheboygan

### **SCCCF "Survive, Thrive & Be Fit" Gentle Yoga: July Session 2 of 2!**

**Wednesday, July 19<sup>th</sup> at 5:30P!**

MOA/SCBS, 1621 N. Taylor Drive, Sheboygan

### **Sheboygan County Relay for Life**

**Friday, July 21<sup>st</sup>, 4P to 10:30P**

Sheboygan Falls High School Track

4:00 PM – Start

6:00 PM – Opening Ceremony with Leah Heusterberg (Honorary Survivor) & Survivor Lap & Caregiver Lap

9:00 PM – Luminaria Ceremony

10:00 PM – Closing Ceremony with Mary Schueller, RN  
Call Courtney at 920.517.0478 for more info.

### **SCCCF "Survive, Thrive & Be Fit" Four Miles of Fitness/Disc Golf!**

**Wednesday, July 26<sup>th</sup>, 6 to 8P!**

Road America Track, Elkhart Lake

Please contact Tim in advance to receive a Pass for the day (otherwise, there is a \$5 entry fee).

### **TLC Survivorship Can Be Fun: at the Levitt Amp Music Series!**

**Thursday, July 27<sup>th</sup> at 6PM!**

John Michael Kohler Arts Center, Festival Green

608 New York Ave., Sheboygan

### Mark Your Calendar:

### **SCCCF "Survive, Thrive & Be Fit" Steps to Survivorship at the Christopher Farm & Gardens!**

**Wednesday, August 2<sup>nd</sup> from 4P to 7P!**

Christopher Farm & Gardens,

### **SCCCF "Survive, Thrive & Be Fit" Gentle Yoga: August Sessions**

**Tuesday, August 8<sup>th</sup> and August 22<sup>nd</sup> at 10:30A**

MOA/SCBS, 1621 N. Taylor Drive, Sheboygan

### **SCCCF "Survive, Thrive & Be Fit" Steps to Survivorship: Poker Walk/Run**

**Wednesday, August 9<sup>th</sup> from 4P to 7P**

Sheboygan South High School Track

Tim E. Renzelmann

[trenzelmann@physhealthnet.com](mailto:trenzelmann@physhealthnet.com)

MOA/SCBS Cancer Coach (920.458.7433)

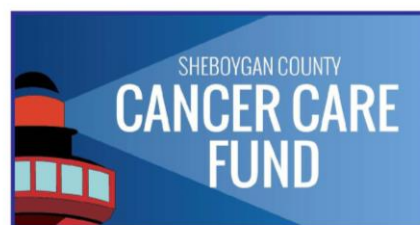
SCCCF Vice President (920.457.2223 – 920.45-SCCCF)

[www.moa-scbs.com](http://www.moa-scbs.com) • [www.scccf.org](http://www.scccf.org)

[www.facebook.com/CancerCareFund](https://www.facebook.com/CancerCareFund)



Together we  
Live with  
Cancer!



**Making Sheboygan County  
The Healthiest Place  
To Survive Cancer!**

# Survive, Thrive & Be Fit!

## Steps to Survivorship!

Four Miles of  
Fitness &  
Disc Golf



**AT ROAD AMERICA**

*Join fellow cancer survivors & co-survivors for a walk, jog, run, bike ride or disc golf on the scenic grounds of Road America in Elkhart Lake!*

**6:00PM to 8:00PM**

**JUNE:** Monday the 12<sup>th</sup> & Wednesday the 28<sup>th</sup>

**JULY:** Monday the 10<sup>th</sup> & Wednesday the 26<sup>th</sup>

**AUGUST:** Monday the 14<sup>th</sup> & Wednesday the 30<sup>th</sup>

**SEPTEMBER:** Monday the 11<sup>th</sup> & Wednesday the 27<sup>th</sup>

Contact Tim 920.457.2223 for details on an admission pass into the track and our group meeting location!



**Making Sheboygan County  
The Healthiest Place  
To Survive Cancer!**

The Sheboygan County Cancer Care Fund is a “Beacon of Hope” for cancer patients and survivors of Sheboygan County, offering financial “Gestures” and healthy “Survive, Thrive & Be Fit” activities to eligible community members!

To learn more:  
visit [www.scccf.org](http://www.scccf.org) or call 920.457.2223

# Survive, Thrive & Be Fit!

## Gentle Yoga for Cancer Survivors!



### SUMMER YOGA: JULY

### Wednesday Nights

### July 12<sup>th</sup> & 19<sup>th</sup> at 5:30PM

**MOA/SCBS Second Floor Conference Room**

**1621 N. Taylor Drive, Sheboygan**

Area cancer survivors are encouraged to experience the benefits of this fun and popular gentle yoga class! These **FREE** sessions will include gentle stretching, breathing and meditation to bring some peace, healing and relaxation to the mind and body. No experience necessary.

Teacher: Katie Boge, CYT

*Space is limited! Pre-registration is strongly recommended!  
We will hold class outdoors if conditions allow!*

To Register: **920.457.2223** or [trenzelmann@physhealthnet.com](mailto:trenzelmann@physhealthnet.com)



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**T**ogether we  
**L**ive with  
**C**ancer!



## **Survivorship Session:**



### **Rethinking Assumptions About Cancer & Cancer Survivorship!**

**Tuesday, July 18<sup>th</sup> at 6PM!**

*Join us as we review certain problematic messages that are commonly embedded in our cultural understanding of cancer. Becoming more aware of these underlying messages has the potential to improve the way we think about, manage and live with or after cancer.*

**Light Refreshments Will Be Served!**

**You are invited to bring a side dish/snack to pass!**

**RSVP Always Appreciated!**

**LOCATION:**

**Matthews Oncology Associates ● Sheboygan Cancer & Blood Specialists  
1621 N. Taylor Drive, Sheboygan ● Second Floor Conference Room  
● Call 920-458-7433 (Ask for Tim) for more information! ●**



**T**ogether we  
**L**ive with  
**C**ancer!



# **“Survivorship Can Be Fun”**

## **at the Levitt AMP Music Series**

**Sponsored by** JOHN MICHAEL KOHLER ARTS CENTER  
expect the unexpected



**Thursday, July 27<sup>th</sup>**

**6PM: This Big Life**



**7PM: Lucie Silvas**

**ABOUT THE LEVITT AMP SHEBOYGAN MUSIC SERIES:**  
**FREE** Thursday evening Levitt AMP Sheboygan Music Series is an open lawn venue. The Arts Center Festival Green will be the site for great music, family fun, and delicious food and drink. Concertgoers are encouraged to bring lawn chairs or blankets for their seating comfort. Grounds, food, and concessions are open at 5:30PM. No alcohol carry-ins are allowed.

For more, visit: <https://www.jmkac.org/participate/summer-concerts>

**Contact Tim for group meet-up location/instructions!**

**LOCATION: Matthews Oncology Associates ● Sheboygan Cancer & Blood Specialists**  
**1621 N. Taylor Drive, Sheboygan ● Second Floor Conference Room**  
**● Call 920-458-7433 (Ask for Tim) for more information! ●**