

Survive, Thrive & Be Fit!

Pickleball Play

with Pickleball Enthusiast Bruce B.



**Wednesday,
December 6th
6PM to 8PM**

**Pigeon River Elementary School
Gymnasium
3508 N. 21st St. • Sheboygan**

What is Pickleball: The sport combines elements of badminton, tennis, and table tennis. Players use solid paddles made of wood or composite materials to hit a perforated polymer ball, similar to a wiffle ball, over a net.

“Following some basic rules, Pickleball can be enjoyed by all ages and by all abilities. The game is played with two people on each side of the net; eventually playing with different partners against different opponents. Pickleball is a fun game that provides a good way to exercise and have social contact.” – Bruce B. (Pickleball Enthusiast)

Pickleball Enthusiast Bruce B. enjoys teaching the sport of pickleball to beginners and helping experienced pickleball players improve their game in a fun, friendly, safe and enjoyable climate!

No experience necessary! All equipment provided!

PLEASE CONTACT TIM TO REGISTER FOR THIS EVENT!

Call 920.457.2223 or e-mail trenzelmann@physhealthnet.com



**Making Sheboygan County
The Healthiest Place
To Survive Cancer!**



The Sheboygan County Cancer Care Fund is a “Beacon of Hope” for cancer patients and survivors of Sheboygan County, offering financial “Gestures” and healthy “Survive, Thrive & Be Fit” activities to eligible community members!

To learn more: visit www.scccf.org or call 920.457.2223