

“Survive, Thrive & Be Fit!”



Hiking Along the Cancer Journey: The Parnell Trail Loop!

Overnight Backpacking Trip
Friday & Saturday, April 27th & 28th!

Casual Day Hikes: Friday at 3PM and 6PM
 Saturday at 8AM & 11AM

**Consider a one-night backpacking trip
or join us for a casual day hike!**

Parnell Trail Description (from the WI DNR website): On County Highway U, one quarter mile west of County Highway A, the Parnell Tower trail begins its 3.5-mile loop with a series of steps leading to the highest point of elevation in the forest. There a 60-foot observation tower rises above the treetops for a birds-eye view of the glacial landscape. The trail follows the Ice Age Trail near a rustic backpack shelter reservable for camping. Picnic tables, grills, drinking water and vault toilets are adjacent to the trail head. **(Note for Tim:** Hikers may opt for a shorter 2-mile distance).

Never backpacked before? Questions? Need gear?

For More Details or to Register (required):

Contact Tim (920.457.2223) by April 18th!



**Making Sheboygan County
The Healthiest Place
To Survive Cancer!**

The Sheboygan County Cancer Care Fund is a “Beacon of Hope” for cancer patients and survivors of Sheboygan County, offering financial “Gestures” and healthy “Survive, Thrive & Be Fit” activities to eligible community members!

To learn more:
visit www.scccf.org or call 920.457.2223