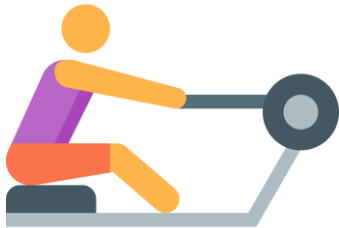


“Survive, Thrive & Be Fit!”



Gentle Yoga
for Cancer Survivors!



&

Indoor Row Group

SUMMER SCHEDULE:

JUNE 14th & 21st (Thursdays)

JULY 9th & 16th (Mondays)

AUGUST 1st & 15th (Wednesdays)

Yoga: 5:30P to 6:30P

RSVP for Yoga is ENCOURAGED!

Indoor Row: 4:30P to 6:30P

REGISTRATION for Rowing is REQUIRED!

MOA/SCBS Second Floor Conference Room
1621 N. Taylor Drive, Sheboygan

No Experience Required & Beginners Welcome!

Contact Tim at 920.457.2223 or trenzelmann@physhealthnet.com.



Making Sheboygan County
The Healthiest Place
To Survive Cancer!



The Sheboygan County Cancer Care Fund is a “Beacon of Hope” for cancer patients and survivors of Sheboygan County, offering financial “Gestures” and healthy “Survive, Thrive & Be Fit” activities to eligible community members!

To learn more:
visit www.scccf.org or call 920.457.2223