



Together we
Live with
Cancer!



TLC Survivorship Session:



The Who? What? When? Where? Why? of

“Survive, Thrive & Be Fit!”

Tuesday, July 17th at 6PM

Join us to learn more about the **Sheboygan County Cancer Care Fund's Survive, Thrive & Be Fit** program that includes **Gentle Yoga for Cancer Survivors, Steps to Survivorship, Indoor Row Group, Hiking Along the Cancer Journey, Pickleball Play, the Active Survivors of Sheboygan Exercise/Activity Log** and more!

Hear from current **ST&BF Survivor-Athletes** and join us in recognizing their accomplishments and efforts in **Making Sheboygan County the Healthiest Place to Survive Cancer!**

PLUS: TLC Survivorship Can Be Fun!

Starting at 4:30P and again after our Session we will be playing a unique dice game called “Decathlon”!

Light Refreshments Available. You may bring a dish, snack or dessert to pass.
No Fee or Registration Required! RSVP Always Appreciated!

LOCATION: Matthews Oncology Associates ● Sheboygan Cancer & Blood Specialists
1621 N. Taylor Drive, Sheboygan ● Second Floor Conference Room
● Call 920-458-7433 (Ask for Tim) for more information! ●