

The Local Cancer Community Update of



Submitted by: **Tim E. Renzelmann** **November 17th, 2019**

Congratulations to Dr. S. Mark Bettag & Sheboygan Cancer & Blood Specialists for Fifteen Years of the Highest Standards of Care!



Dr. S. Mark Bettag's is board certified in Hematology/Medical Oncology, Internal Medicine, Hospice and Palliative Care Medicine. He began practicing in Sheboygan County in 1995. On November 1st, 2004, Dr. Bettag opened Sheboygan Cancer & Blood Specialists.

Going to *great heights* to provide the very best care for his patients is only one of Dr. Bettag's passions. He will often refer his experiences as an avid climber. In a recent conversation with Dr. Bettag he pointed out, "You don't just decide one day to climb a mountain." He described the preparation and planning that goes into a climb long before he begins an ascent. "And things don't always go as planned." A change in weather, an

unanticipated obstacle or difficult section can lead to a change of plans, so a climber must always stay focused, maintain control and be thinking ahead. *"There are times when you are exhausted and you want to quit... but you can't. You have to find it within yourself to keep going. You have to trust yourself and your climbing partner and then decide on the next step. Sometimes you may have to turn back; work a little harder, train a little more, improve your skills... and come back another day!"*



Above Photo: *"In this photo I was repelling from the top of the Grand Teton. There was a horrible storm the night before (we camped in the saddle between the Middle Teton and the Grand Teton) but the day dawned bright despite the weather the previous night."* – Dr. Mark Bettag

Several years ago, Dr. Bettag offered a presentation titled "Climbing the Summit of Adventure" in which he shared some of his many adventures that took him to remote locations under extreme conditions and involving significant risk. The presentation titled, "Climbing the Summit of Adventure" was filled with awe-inspiring photos and stories and more than a handful of valuable life lessons.

NOTE: *If you missed that presentation or would like to see it again... mention it to Dr. Bettag (or me)... and, perhaps, with enough interest he will graciously agree to share his presentation with us once again!?!*



Above Photo: *"This was our high camp while climbing Mount McKinley (Denali). We had to make a wind break with snow as the winds were tremendous. We were stuck at 1800 feet with four people in a three-person tent for a week at that altitude. When the weather finally cleared, we made a mad dash and summited at the 20,000 foot top."* – Dr. Mark Bettag

"Adventure is NOT about doing extreme things or taking extreme risks," he reminds us, "but trying new things. An adventure is less about what you are doing or where you are... but who you are with!!!"

"In that way, adventure and adversity often go hand-in-hand," Dr. Bettag observes. "People who experience adventure together, like those who go through war or experience tough times together (like cancer) often cement their friendships and create lifelong memories."

On November 1st, to commemorate the fifteen-year anniversary of Sheboygan Cancer & Blood Specialists, Dr. Bettag addressed a letter to the staff which read:

"I frequently tell others that I have the greatest job in the world. I see the very best of humanity each and every day as people struggle with class and dignity while wrestling with their cancer."

"More than that, I work with the very best people on this planet. You all sacrifice for our patients. Your kindness, generosity and the love that you bring every day is inspiring. I truly work with the very best people in the world. You make me a better person for being around your great example. I am blessed to work with you."

Although few of us will literally (or even figuratively) climb to same great heights as Dr. Bettag, he has been a trusted climbing partner in this life to many; including his patients, colleagues, friends and family; as he has elevated many of us to reach greater heights of our own!



Photo Above: *"This photo was taken in Lichtenstein for our 25th wedding anniversary. We hiked some beautiful trails on the crest of the mountains between Austria and Lichtenstein. It was one of the best days I ever had hiking in the mountains. My wife Teresa and all eight kids were with me."* – Dr. Mark Bettag

FUNNY STORY: I recall one of the attendees at Dr. Bettag's presentation asking, "How does your wife feel about your adventurous spirit?" He replied, "She knew exactly what she was getting into! One of the first dates I had with Teresa I took her rock climbing. You see, when you go rock climbing with someone, you quickly learn how well they can handle stress. She passed!" 😊

Congratulations, Dr. Bettag! And, on behalf of so many, **THANK YOU!**

"Bundled Services" for Area Cancer Patients & Survivors!

"Bundling" is a marketing strategy that often involves the selling of different items together as a package, often at a reduced price.

First of all, I'm not trying to sell anything... except perhaps the overall health and well-being of area cancer patients and survivors who may benefit from their involvement. And it's all FREE to begin with... so forget about any reduced price. But by bundling our activities area patients and survivors may experience greater benefit... and save a little bit of time by participating in multiple events on the same night.

Consider this past Tuesday. We held our monthly **TLC Survivorship Session** (peer-to-peer support group) in the 2nd floor conference room at **MOA/SCBS**. This being the month of November, as we have traditionally done for many years, we explored and discussed the

importance and the role of gratitude in our lives! It was a great-ful session (full of greatness)! ☺



Photo Above: Just prior to the 6P start of this month's TLC Survivorship Session (peer-to-peer support group).

Some folks trickled in just before the 6P start time... but others had already been there for an hour or more. You see, this session was “bundled” along with the **TLC Survivorship Can Be Fun Game Night** during which area cancer survivors and co-survivors are invited to connect with one another while playing a variety of games. We



are currently involved in the **TLC Tournament of Games** that includes Cribbage, Farkle dice, High Five Dominoes and Mancala... but there are other games as well and folks are welcome to bring a favorite game (or puzzle) of their own!

Photo Above: Survivors (and a co-survivor) enjoying the games of Mancala (being played on an exclusive **ST&BF** Mancala board handmade by Bob Hartig (pictured front, right), Cribbage and Farkle (also being played on an exclusive game board hand-made by Bob))!

If that's not enough, at the same time other area cancer



patients and survivors were in the 2nd floor common area outside the conference room rowing as part of **SCCCF's Survive, Thrive & Be Fit Indoor Row Group**!

Photo Above: **ST&BF** survivor-athletes are all smiles as they enjoy the many benefits of the **Indoor Row Group** including one another's company!

Initially, I started “bundling” activities for area cancer patients and survivors in order to offer more opportunities and more variety in about the same amount of time. I'll admit, there are times it can be a bit chaotic. But it's a really good kind of chaos! As Nietzsche writes, “You must have a chaos within you to give birth to a dancing star.”

As much as I enjoy all of the activities going on... the meaningful conversations and discussions of the **TLC Survivorship Session**, the joyful fun and laughter of a **TLC Survivorship Can Be Fun Game Night** and the healthy exercise and activity of the **ST&BF Indoor Row Group** session... what I enjoy the most about these “bundled” events is life-affirming energy that permeates each activity and every individual who participates!

Consider joining us at next month's **TLC Survivorship Session** on Tuesday, December 17th (along with the **TLC Survivorship Can Be Fun Game Night & ST&BF Indoor Row Group**) when, in accordance to tradition, we will hold our “Year End Gathering of the Local Cancer Community!”

Hope to see you then... or better yet, before then!

It's Not Too Late To “Earn A Spot” on the **ST&BF** Team To Be Awarded Eligibility For An Exclusive “Team Members Only” Survivor Reward!

With only about five weeks remaining in 2019... there is still plenty of opportunities this year to earn your **ST&BF** points! Just five points (a possible 20 points are available in December) will earn you a spot 2019 **ST&BF** Team, the right to wear the blue of **ST&BF** and a chance to select from several “Team Members Only” rewards or opportunities in early 2020! Contact Tim for details!

Jenny's Online Fundraiser for **SCCCF**!

Now through November 30th!

I recently received an e-mail from Jennifer Lawrence. Jennifer has been involved in “The Cancer Crusade,” a FREE community fitness event that also raises funds for **SCCCF** (the 12th annual event is scheduled for Saturday, April 18th, 2020). In her e-mail she wrote, “I just wanted to let you know (and make sure it's okay) that I am hosting an online **Keep Collective** fundraiser for the **SCCCF**.”



She went on to explain, “**Keep Collective** is a line of keepsake jewelry in which individuals can select pieces to combine or wear individually to tell their story. **Keep** offers charms that can be put on different ‘keepers’

(bracelets, necklaces) and also offers many pieces that can be engraved with initials, dates or phrases. I am hosting this fundraiser because of what the SCCC does for families that are experiencing hardships while battling cancer. I am passionate about this cause because of not only what SCCC does for the community, but also because both of my parents are currently battling cancer and even though they have not needed to access the financial resources of the SCCC, I want to help those that do. 25% of all sales will be donated to the SCCC to help make a difference!"

You can find out more at:

www.facebook.com/groups/2449810561920813

SCCC is fortunate to have so many bright and beautiful "Beacons of Hope" like Jenny who each find their own way to support those in our community who are facing the many physical, emotional, psychological, spiritual and even financial challenges of a cancer diagnosis!!!

2020 Hunting for a Cure To Take Place Saturday, January 18th! Includes Brat Fry, Live Music, Rabbit Hunting Tournament & More!

Saturday, January 18th • 11AM to ???

Laack's Hall, W4302 Cty Rd JM, Sheboygan Falls, WI

HUNTING FOR A CURE
Saturday January 18th, 2020

All proceeds benefit Sheboygan County Cancer Care Fund

- ⊙ **BRAT FRY** (Served from 11am - 6:30pm)
Brats, Burgers, Pulled Pork & Baked Goods
- ⊙ **RABBIT HUNTING TOURNAMENT**
Forms available at Laacks Hall or contact us
- ⊙ **RAFFLES AND SILENT AUCTION**
- ⊙ **GUN RAFFLES** Provided by Daane Ace Hardware
- ⊙ **LIVE MUSIC** Saddlebrook

LAACKS HALL
W4302 County Rd. JM
Sheboygan Falls, WI 53085

Question? Want to make a donation?
820-207-3774
huntingforacure@yahoo.com
www.facebook.com/Hunt4ACure

Hunting for a Cure is a benefit dedicated to improving the lives of cancer patients and their families in Sheboygan County. Money will be raised from the brat fry, raffles, silent auction, and hunting tournament. All proceeds will go to the SCCC to help anyone suffering a financial hardship due to cancer.

"Hunting For a Cure" is an annual event to raise awareness and funds for those in our community who are battling cancer. All proceeds go to the **Sheboygan**

County Cancer Care Fund. The funds can help those with the financial hardship they endure while going through treatments.

This year's event will once again be held at Laacks Hall on Saturday, January 18th and will include a brat fry, raffles, silent auctions and live music along with the rabbit hunting tournament. For details visit our Facebook page, www.facebook.com/hunt4acure for details.

2020 Unity Music Festival Presents "Brit Beat" Beatles Tribute Band: A Multimedia Concert Journey Through Beatles Music History!

Saturday, March 7th, 2020 • 7PM

Weill Center, 826 N. 8th Street, Sheboygan

BRITBEAT[®]

A Tribute To The Beatles

A Multimedia Concert Journey Through Beatles Music History



For a preview of the show visit:

<https://britbeat.com/video-britbeat.html>

Tickets ON SALE NOW (Reserved Seating)!

<https://www.weillcenter.com/>

Events/Activities for Area Survivors:

See attached flyers for details, visit
www.scccf.org/events or call 920.457.2223!

SCCCF Survive, Thrive & Be Fit: Steps to Survivorship Group Walk, Jog or Run Sessions!

Thursday, November 21st ● 4P, 5P, 6P

Tuesday, December 3rd ● 4P, 5P, 6P

Shoreline 400 Trail near Suscha's Bar, 1054
Pennsylvania Ave, Sheboygan

Walkers, joggers and runners of all abilities are welcome to join us for these casual walks. Walk on your own, form a group or join others. See attached flyer for start times. Consider joining us afterwards for some fellowship.

SCCCF Survive, Thrive & Be Fit: Indoor Row Group Sessions!

November 23rd, 26th & 27th, December 2nd, 3rd, 5th, 7th,
10th, 12th, 17th, 18th, 19th, 23rd & 31st

MOA/SCBS, 1621 N. Taylor Drive, Sheboygan

See attached or contact Tim for details!

The Indoor Row Group (IRG) kicked off the 2019/20 IRG Season on 11/1! Survivor-Athletes are welcome to join the group at any point throughout the season! Come find out why the Indoor Row Group is GROWING! For more information and to schedule an Indoor Row Group Intro/Demo contact Tim at 920.457.2223.

SCCCF Survive, Thrive & Be Fit: Gentle Yoga for Cancer Survivors!

Saturday, November 23rd ● 930A

Thursday, December 5th, 12th, 19th ● 530P

Saturday, December 7th ● 930A

MOA/SCBS, 1621 N. Taylor Drive, Sheboygan

Gentle Yoga Sessions include stretching, breathing and meditation to bring some peace, healing and relaxation to the mind and body. Beginners welcome, no experience required!

SCCCF Survive, Thrive & Be Fit: Steps to Survivorship at the Doug Opel "Run for the Kids"!

Thursday, November 28th ● Survivor Warm-Up: 9AM
Walk/Run Start: 930A

Sheboygan YMCA, 812 Broughton Drive, Sheboygan
Meet at the "Making Sheboygan County the Healthiest Place to Survive Cancer" banner at 9AM SHARP (30-minutes prior to the start of the walk/run) for a quick photo and a gentle 10-minute walk "warm-up" with your fellow cancer survivors (including the "Beacon of Hope," ST&BF survivor-athletes and LIVESTRONG at the YMCA alumni)!

SCCCF Survive, Thrive & Be Fit "Pickleball Play" & More!

Wednesday, December 4th ● 5P to 7P

Sheboygan YMCA, 812 Broughton Dr, Sheboygan
Wednesdays, Jan. 8th, Feb. 5th, Mar. 4th, Apr 1st ● 6P to 8P
Farnsworth Middle School, 1017 Union Ave., Sheboygan

*Join us for some fun, casual and non-competitive
Pickleball Play for beginners and advanced players with
tips and instruction provided by pickleball enthusiast
Bruce Becker!*

PLEASE NOTE: Time and location of the next Pickleball
Play has been changed as we will be joining the current
LIVESTRONG at the Y class for this session!

TLC Survivorship Can Be Fun Game Night: Tournament of Games!

Tuesday, December 10th ● 400P to 8:00P

MOA/SCBS, 1621 N. Taylor Drive, Sheboygan

A full evening a fun, fun, fun and games, games, games!
We will be crowning the 2019 "Tournament of Games"
Champions in Cribbage, Farkle, High Five Dominoes and
Mancala! Plus we'll have the Crokinole Boards out! Or
bring a fave game of your own!!!

TLC Survivorship Session: Annual "Local Cancer Community" Gathering!

Tuesday, December 17th ● 6PM

MOA/SCBS, 1621 N. Taylor Drive, Sheboygan

TOPIC: We will gather to take a look back at 2019 and a
look ahead to 2020! Expect surprises!

TLC Survivorship Can Be Fun Game Night: Tournament of Games!

Tuesday, December 17th ● 430P to 6P, 7:30P to ???

MOA/SCBS, 1621 N. Taylor Drive, Sheboygan

Join us before and/or after our TLC Survivorship Session
to enjoy a variety of games or bring a favorite game of
your own!

Tim E. Renzelmann – 920.458.7433, 920.457.2223

trenzelmann@physhealthnet.com

MOA/SCBS Cancer Coach (920.458.7433)

SCCCF Vice President (920.457.2223 – 920.45-SCCCF)

www.moa-scbs.com ● www.scccf.org



Survive, Thrive & Be Fit!

Steps to Survivorship



**Group Training Sessions:
Walk, Jog or Run...
Let's Take Some Steps to
Survivorship Together!**

Participation is FREE and open to area cancer patients/survivors and their co-survivor guest. Sessions are scheduled at various days, times and locations.

Currently Scheduled “Steps to Survivorship” Group Walk/Jog/Run Sessions:

Monday, October 28th

Thursday, November 21st

Tuesday, December 3rd

Start Times: 4P, 5P & 6P!

Shoreline 400/Kiwanis Park: Distance options up to 5K (3.1m) on a scenic city route starting on the Shoreline 400 trail just west of the intersection of Pennsylvania Avenue and N. Commerce Rd. You are invited to join us at Suscha's Bar afterwards!

Watch the “Local Cancer Community Update” for additional dates and details!

The Sheboygan County Cancer Care Fund is a “Beacon of Hope” for cancer patients and survivors of Sheboygan County, offering financial “Gestures” and healthy “Survive, Thrive & Be Fit” activities to eligible community members!

To learn more:

visit www.scccf.org or call 920.457.2223



**Making Sheboygan County
The Healthiest Place
To Survive Cancer!**

Survive, Thrive & Be Fit!

Indoor Row Group!

JOIN THE 2019/20 INDOOR ROW GROUP!

- The Indoor Row Group (IRG) welcomes Survivor-Athlete/Rowers of all abilities!
- IRG meets regularly at MOA/SCBS with additional indoor rowing options at the Sheboygan & Sheboygan Falls YMCAs.
- The IRG 2019/20 Season runs from November 1st through April 30th.
- The IRG season offers a variety of individual and team challenges.
- Survivor-Athlete/Rowers can join us at any time throughout the season!
- Contact Tim for details or to schedule an Indoor Row Group Informational Session and Demo!



Above: Survivor-Athletes after completing the 4th Annual 2019 Lake Michigan Crossing!



Benefits of Indoor Rowing:

- Rowing is easy to learn and can be enjoyed by all ages and abilities!
- Rowing is a low impact activity offering smooth, rhythmic and impact free motion for comfortable and injury free exercise!
- Rowing exercises all major muscle groups through a wider range of motion than most other exercises thereby promoting strength, fitness, flexibility and mobility!
- Rowing with others provides for a supportive, social and enjoyable environment!
- Rowing is a time-efficient exercise that allows for a great workout in little time!

The Sheboygan County Cancer Care Fund is a "Beacon of Hope" for cancer patients and survivors of Sheboygan County, offering financial "Gestures" and healthy "Survive, Thrive & Be Fit" activities to eligible community members!

To learn more:
visit www.scccf.org or call 920.457.2223



**Making Sheboygan County
The Healthiest Place
To Survive Cancer!**

Survive, Thrive & Be Fit!



Gentle Yoga for Cancer Survivors!

GENTLE YOGA sessions include stretching, breathing and meditation to bring some peace, healing and relaxation to the mind and body. Beginners welcome, no experience required!

Mondays, November 4th, 11th & 18th

5:30PM to 6:30PM

With Katie Boge, CYT

Saturday, November 23rd

9:30AM to 10:30AM

With Katie Boge, CYT

MOA/SCBS Second Floor Conference Room

1621 N. Taylor Drive, Sheboygan

Space is limited. RSVP is encouraged by contacting Tim at 920.457.2223 or trenzelmann@physhealthnet.com.



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To learn more:
visit www.scccf.org or call 920.457.2223

Survive, Thrive & Be Fit!

Indoor Pickleball Play



Wednesdays Nights!

December 4th ● 5P to 7P

Sheboygan YMCA ● 812 Broughton Drive ● Sheboygan
(In Conjunction with the "LIVESTRONG at the Y" Class)

Jan. 8th, Feb. 5th, Mar. 4th, Apr. 1st & May 6th ● 6P to 8P

Farnsworth Middle School ● 1017 Union Avenue ● Sheboygan
(Park in the East Parking Lot off S. 10th Street)

Join us for some fun, casual and non-competitive Pickleball Play for beginners and advanced players with tips and instruction provided by pickleball enthusiast Bruce Becker!

No experience necessary! Beginners welcome!

All equipment provided!

For more information and to register for this FREE activity for cancer patients and survivors and their co-survivor guest, please call Tim at 920.457.2223 or e-mail trenzelmann@physhealthnet.com!



**Making Sheboygan County
The Healthiest Place
To Survive Cancer!**



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“Survive, Thrive & Be Fit!”



Gentle Yoga for Cancer Survivors!

GENTLE YOGA sessions include stretching, breathing and meditation to bring some peace, healing and relaxation to the mind and body. **Beginners welcome, no experience required!**

Thursdays, December 5th, 12th & 19th!

5:30PM to 6:30PM

With Katie Boge (12/5 & 12/12) & Stacy Harriott, CYT (12/19)

Saturday, December 7th!

9:30AM to 10:30AM

With Katie Boge, CYT

**MOA/SCBS Second Floor Conference Room
1621 N. Taylor Drive, Sheboygan**

Space is limited. RSVP is encouraged by contacting Tim at 920.457.2223 or trenzelmann@physhealthnet.com.



**Making Sheboygan County
The Healthiest Place
To Survive Cancer!**



The Sheboygan County Cancer Care Fund is a “Beacon of Hope” for cancer patients and survivors of Sheboygan County, offering financial “Gestures” and healthy “Survive, Thrive & Be Fit” activities to eligible community members!

To learn more:
visit www.scccf.org or call 920.457.2223



**Together we
Live with
Cancer!**



TLC Survivorship Can Be Fun **Fall 2019 Tournament of Games** **CHAMPIONSHIP GAME NIGHT!**

Tuesday, December 10th ● Play from 4P to 8P
● 7P Championship Games

**Games Include: Cribbage, Farkle Dice,
High Five Dominoes & Mancala!**

ALL PLAYERS WELCOME: Whether you have been playing with us over the past several months or not... we hope you'll join us!

Play any of the games provided or bring a fave game of your own!

FINALISTS (those in attendance at 7P with the highest point total since the 2019 Tournament of Games began in September) will compete for the **CHAMPIONSHIP** in Cribbage, Farkle Dice, High Five Dominoes and Mancala!

RSVP Always Appreciated!

Light Refreshments Will Be Provided!

You Are Invited To Bring A Dish, Snack or Dessert To Pass!

“Life must be lived as play.” – Plato

LOCATION: Matthews Oncology Associates ● Sheboygan Cancer & Blood Specialists
1621 N. Taylor Drive, Sheboygan ● Second Floor Conference Room
● **TO RSVP: Call Tim at 920-458-7433 or trenzelmann@physhealthnet.com** ●



Together we
Live with
Cancer!



TLC is a "Supportive Community" that provides cancer survivors, their families, friends and caregivers with health and wellness opportunities for the body, mind, heart and spirit.

Fall 2019 TLC Tournament of Games

General Guidelines:

- Eligible players (survivors and co-survivors) must attend a TLC or SCCC event between 9/17/19 & 12/16/19!
- Almost every game has variations in play and rules. Participants can determine/decide the rules they choose to follow (preferably before play starts).
- Every player may play every other player each game up to two times. Additional play is encouraged... but will not count towards the tournament.
- Complete one "Game Summary" following each game played and submit to Tim. Points will be tallied accordingly.
- The "Declared Winner" (as determined by the players) will receive two tournament points and the non-winner will receive one point (for participation)! Points will be tallied for individual game and overall/combined games.
- Players with the highest points in each individual game as of 12/1/19 will qualify for that game at the Championship Game Night on 12/10/19 and our overall Tournament of Games Champion (based on total points) will be determined based on point as of midnight on 12/16/19 and announced at the TLC Annual Gathering on 12/17/19!

Game Summary ● Date: ____ / ____ / 19 ● Location: ☐ TLC Event ☐ SCCC Event ☐ Other: _____

Game (check one): ☐ Cribbage ☐ Farkle Dice ☐ High Five Dominoes ☐ Mancala

Player 1: Name _____ Survivor: ☐ Yes ☐ No Player 2: Name _____ Survivor: ☐ Yes ☐ No

Declared Winner (check ONLY one): ☐ Player 1 ☐ Player 2 Initials (both required): Player 1 _____ Player 2 _____

Game Summary ● Date: ____ / ____ / 19 ● Location: ☐ TLC Event ☐ SCCC Event ☐ Other: _____

Game (check one): ☐ Cribbage ☐ Farkle Dice ☐ High Five Dominoes ☐ Mancala

Player 1: Name _____ Survivor: ☐ Yes ☐ No Player 2: Name _____ Survivor: ☐ Yes ☐ No

Declared Winner (check ONLY one): ☐ Player 1 ☐ Player 2 Initials (both required): Player 1 _____ Player 2 _____

Game Summary ● Date: ____ / ____ / 19 ● Location: ☐ TLC Event ☐ SCCC Event ☐ Other: _____

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Player 1: Name _____ Survivor: ☐ Yes ☐ No Player 2: Name _____ Survivor: ☐ Yes ☐ No

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Player 1: Name _____ Survivor: ☐ Yes ☐ No Player 2: Name _____ Survivor: ☐ Yes ☐ No

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Game (check one): ☐ Cribbage ☐ Farkle Dice ☐ High Five Dominoes ☐ Mancala

Player 1: Name _____ Survivor: ☐ Yes ☐ No Player 2: Name _____ Survivor: ☐ Yes ☐ No

Declared Winner (check ONLY one): ☐ Player 1 ☐ Player 2 Initials (both required): Player 1 _____ Player 2 _____



Together we Live with Cancer!



Tuesday, November 19th

Survivorship Session

6:00^{PM}

JOIN US
for this



Annual Gathering of the Local Cancer Community as we look back and review events, activities and happenings from 2019 and look ahead and prepare for 2020!

- *Join us for an enjoyable night of reflections of 2019, directions for 2020 and connections for LIFE!*
- *Food provided by Sharon S. Richardson Community Hospice!*

Survivorship Can Be Fun Game Night

4:30P to 6P

7:30P to ??

Tournament of Games!

Two-Player Games:

***Cribbage, Farkle
Dice, High Five
Dominoes, Mancala
& other games!***

*You don't need to
know how to play any
of these games... you
just have to want to
have fun!*

No FEE or Registration Required. RSVP Always Appreciated

LOCATION: Matthews Oncology Associates • Sheboygan Cancer & Blood Specialists
1621 N. Taylor Drive, Sheboygan • Second Floor Conference Room
• Call 920-458-7433 (Ask for Tim) for more information! •

HUNTING FOR A CURE

Saturday January 18th, 2020

All proceeds benefit Sheboygan County Cancer Care Fund

- 🎯 **BRAT FRY** (Served from 11am - 6:30pm)
Brats, Burgers, Pulled Pork & Baked Goods
- 🎯 **RABBIT HUNTING TOURNAMENT**
Forms available at Laacks Hall or contact us
- 🎯 **RAFFLES AND SILENT AUCTION**
- 🎯 **GUN RAFFLES** Provided by Daane Ace Hardware
- 🎯 **LIVE MUSIC** Saddlebrook

LAACKS HALL

W4302 County Rd. JM
Sheboygan Falls, WI 53085



Questions? Want to make a donation?

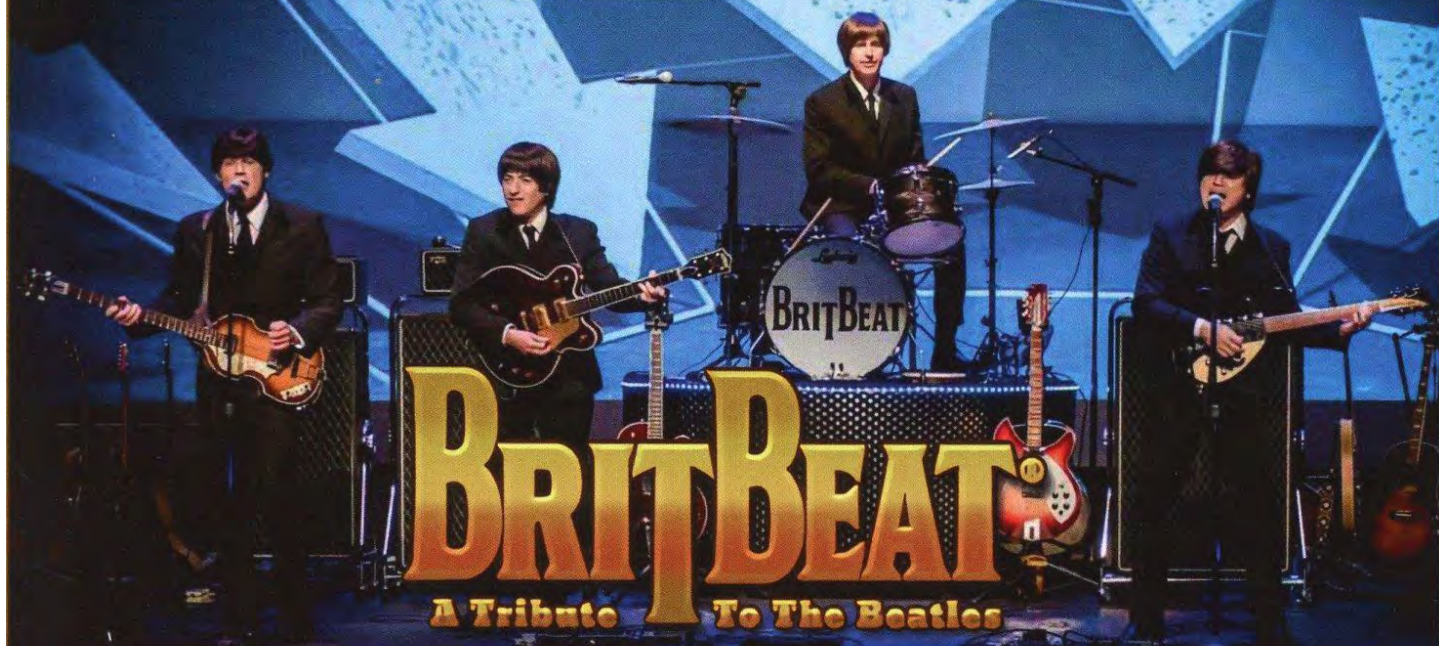
920-207-3774

huntingforacure2@yahoo.com

www.facebook.com/Hunt4ACure

Hunting for a Cure is a benefit dedicated to improving the lives of cancer patients and their families in Sheboygan County. Money will be raised from the brat fry, various raffles and hunting tournament. All proceeds will go to the SCCCF to help anyone suffering a financial hardship due to cancer.

**Sheboygan County Cancer
Care Fund Presents**



**Saturday, March 7, 2020 at 7:30
Stefanie H. Weill Center
For tickets go to
UnityMusicFestival.org**

**All Proceeds go to the
Sheboygan County Cancer
Care Fund**

For details, including ticket info and event sponsorship opportunities, please visit www.UnityMusicFestival.org