The Local Cancer Community Update



Submitted by Tim E. Renzelmann ● February 25th, 2020 News, Events and Activities in the Local Cancer Community including the TLC Supportive Community (est. 2000), The Sheboygan County Cancer Care Fund (est. 2002), the Survive, Thrive & Be Fit program (est. 2010) and more!

YOUR Local Cancer Community!

Here are just **SOME** of the recent "life-affirming" events and activities taking place in **YOUR Local Cancer Community!**

Wednesday, February 12th: ST&BF Indoor Row Group (IRG) Gives Back to the Cancer Care Fund!

The **Indoor Row Group (IRG)** kicked off the 2019/20 season on November 1st, 2019. Over the past few months, several IRG members inquired about ways they could "give back" to **SCCCF** for the opportunity to row and participate in **Survive, Thrive & Be Fit!**

So, we scheduled an **Indoor Row Group** session on Wednesday, February 12th, which also happens to Abraham Lincoln's 211th birthday. IRG members were invited to consider making a donation to the fund:

- One CENT for every ten meters they rowed (10 meters per CENT... or "10 per CENT")
- One CENT for every hundred meters the team rowed on this night (100 meters per CENT or "100 per CENT")
- One DOLLAR for each year of "Survive, Thrive & Be Fit" (\$10.00)
- \$20.20 to commemorate all survivors who participate in "Survive, Thrive & Be Fit" throughout 2020.
- Any donation of any amount that is meaningful to them!

Before we finished up, one of our survivor-athletes (I assure you... it was NOT me) totaled up our meters for the session and discovered we were at 98,100m and decided to hop back on the erg and complete another 1,900m for an even 100,000m!



Some, sticking to the Lincoln's Birthday theme, donated their pennies... some included other coins and even currency... others wrote out a check. From what I can tell, all of the donations we received came from the rowers themselves or from the families and friends they reached out to. As a result of their rowing effort and the generosity of all donors, this CENT-sational fundraising effort has brought in \$961.75.

Together we

Live with

But before I "close the books" on this fundraising effort... I thought I'd see if any of you out there would consider to figuratively, "hop back on the erg," as one of our survivor-athletes did that night by donating an additional \$38.75 and getting us to \$1,000.00 (100,000 pennies)!?!

Tuesday, February 18th: ST&BF IRG Session, TLC Survivorship Can Be Fun & TLC Survivorship Session!

Starting around 3P some of our **ST&BF Survivor**-**Athletes** began filling the common area on the 2nd floor of **Matthews Oncology Associates** and **Sheboygan Cancer & Blood Specialists** for a **Survive, Thrive & Be Fit Indoor Row Group (IRG)** Session. IRG members sign up for 45-minutes slots that are scheduled into the evening until about 630P.



Around 4:30P, survivors (some fresh off the rowing ergs) and co-survivors began gathering for the **TLC Survivorship Can Be Fun Game Gathering!** A variety of games are always available. On this night there was Crokinole, Farkle and the second of three sessions of this month's featured **TLC World Series of Blackjack!** (NOTE: Next month we will be featuring Cribbage and Farkle with lessons, practice and open play on Tuesday, March 17th and single-elimination tournament play on Tuesday, March 31st!)



HEBOYGAN

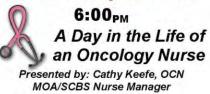
ANCER & BLOOI

SPECIALISTS



We will hold our third session of the **TLC World Series** of Blackjack on Thursday, February 27th (see attached) for details). Players from each of the first two sessions have qualified for the "Final Table" with more seats to be determined during our early play on Thursday, February 27th before the "Final Table" at 7P!

Survivorship Session



At 6P we began to settle down (and quiet down) for the monthly TLC Survivorship Session that featured our

guest speaker, Cathy Keefe, OCN – MOA & SCBS Nurse Manager who shared her experiences in "A Day in the Life of an Oncology Nurse."

We often begin the **TLC Survivorship Session** (peer-topeer support group) by lighting a candle. We do so to honor the thousands and thousands of years people have sat around a fire telling and sharing stories, because that's what we do at TLC – share stories!

We spend most of our time sharing stories about the challenges and complexities of from the perspective of patients/survivors and co-survivors so it was helpful to hear a different perspective.

It is often said, the people who are really good at what they do make it look easy, and that certainly applies to the amazing doctors and nurses that care for us at **Matthews Oncology Associates** and **Sheboygan Cancer** & Blood Specialists (and, I would suspect, elsewhere).

Cathy shared just some of the many duties and responsibilities that both she and the amazing nurses she manages must perform on a regular basis... and they do it with a smile as well as a keen eye for side effects and complications! They guide us through our individual cancer experiences, with its many ups and downs, while also dealing with the challenges and complexities of their work and the rest of their lives!

I have always held a deep respect and admiration for those who care for cancer patients. I, along with all of

my fellow survivors, certainly did not choose this path! The doctors, the nurses, the support staff that care for us... they CHOOSE to do the important and meaningful work they do and willingly accept the complexities and challenges that come along with it!

Thank you to all of the dedicated doctors, nurses and everyone else involved in caring for those in our community who have, are or will experience cancer!

Sunday, February 23rd: Survive, Thrive & Be Fit: Survivors (& Co-Survivors) on Snowshoes!

Nearly thirty cancer patients/survivors and co-survivors enjoyed a gorgeous afternoon this past Sunday, February 23rd, snowshoeing at the **Christopher Farm & Gardens!** These pictures certainly don't tell all of the stories from throughout the day... but I hope they may entice you to come out and join us next time!





Photo Above: Most of the 28 "Survivors (& Cosurvivors) on Snowshoes" along with CF&G farm dogs Buddy & Jake!

Photo Left: John Seaman, one of the "Survivors on Snowshoes" tracked the group's route on GPS!



Photo Above: The Rewards - hot cocoa & cookies in front of a warm fire on a beautiful day to be outdoors!

NEXT UP: TLC Survivorship Can Be Fun Game Gathering: TLC's World Series of Blackjack and the TLC Tournament of Games!

Thursday, February 27th ● 430P to 7:30P MOA/SCBS, 1621 N. Taylor Drive, Sheboygan



Join us this Thursday for a **TLC** Survivorship Can Be Fun Game Gathering! Several seats for the 7P FINAL TABLE of the **TLC World** Series of Blackjack are still to be determined! Other games are available or bring a favorite game of your own to share!

Events/Activities for Area Survivors:

See attached flyers for details, visit <u>www.scccf.org/events</u> or call 920.457.2223!

TLC Survivorship Can Be Fun Game Gathering: TLC's World Series of Blackjack and the TLC Tournament of Games!

Thursday, February 27th ● 430P to 7:30P MOA/SCBS, 1621 N. Taylor Drive, Sheboygan

Join us this Thursday for a TLC Survivorship Can Be Fun Game Gatherings! Several seats for the 7P FINAL TABLE of the TLC World Series of Blackjack are still to be determined! Or enjoy any of a variety of other games that are available or bring a favorite game of your own to share!

SCCCF Survive, Thrive & Be Fit: Indoor Row Group Sessions!

February 27th, March 2nd, 4th, 5th, 7th, 9th, 10th, 11th, 14th, 15th, 16th 17th 19th, 24th, 25th, 30th & 31st! ● Various Times (Contact Tim for details)

MOA/SCBS, 1621 N. Taylor Drive, Sheboygan

The Indoor Row Group (IRG) continues with the 2019/20 season which runs through April 30th. Survivor-Athletes are welcome to join the group at any point throughout the season! To schedule an Indoor Row Group Intro/Demo contact Tim.

SCCCF Survive, Thrive & Be Fit: Gentle Yoga for Cancer Survivors!

Mondays, March 2nd, 9th & 16th ● 530P Saturday, March 7th ● 930A

MOA/SCBS, 1621 N. Taylor Drive, Sheboygan

Gentle Yoga Sessions include stretching, breathing and meditation to bring some peace, healing and relaxation to the mind and body. Beginners welcome, no experience required!

SCCCF Survive, Thrive & Be Fit "Pickleball Play" & More!

Wednesdays, March 4th, April 1st, May 6th ● 6P to 8P Farnsworth Middle School, 1017 Union Ave., Sheboygan Join us for some fun, casual and non-competitive Pickleball Play for beginners and advanced players with tips and instruction provided by pickleball enthusiast Bruce Becker!

2020 Unity Music Festival: "Brit Beat" Beatles Tribute Band Benefitting the Cancer Care Fund!

Saturday, March 7th, 2020 ● 7:30P Weill Center, 826 N. 8th Street, Sheboygan Tickets selling fast! All proceeds benefit SCCCF! It is sure to be a great show!!!

TLC Survivorship Session: Lessons Learned – Thoughtful & Heartfelt Reflections (And Why & How to Practice Self-Reflection)!

Tuesday, March 17th • 6P

MOA/SCBS, 1621 N. Taylor Drive, Sheboygan

The only way we can turn significant life events, including but surely not limited to cancer, into meaningful life lessons is by taking time to reflect on them. Join Tim as he reflects on some of the life lessons he has learned throughout his own life and cancer journey while exploring the benefits of and ways to practice self-reflection for a happier and more meaningful life!

11th Annual "Flowers for the Fund" Spring Flower Sale to Benefit SCCCF! Taking Orders Now!

See Attached! Contact Tim for additional order forms!

12th Annual "Cancer Crusade" Walk/Jog/Run to Benefit SCCCF!

Saturday, April 18th ● 7:30A to 10:00A Sheboygan YMCA, Watch for details!

4th Annual Shops at Woodlake Spring Fashion Event to Benefit SCCCF!

Saturday, April 18th ● Watch for Details! Woodlake Market, Kohler, WI Watch for details!

Tim E. Renzelmann – 920.458.7433, 920.457.2223

trenzelmann@physhealthnet.com MOA/SCBS Cancer Coach (920.458.7433) SCCCF Vice President (920.457.2223 – 920.45-SCCCF) www.moa-scbs.com • www.scccf.org





TLC is a "Supportive Community" that provides cancer survivors, their families, friends and caregivers with health and wellness opportunities for the body, mind, heart and spirit.

February, 2020

Events & Activities of the Local Cancer Community!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday							
						1							
						IRG (8A-1030A)							
						Yoga (930-1030A)							
						ST&BF (11A-1P)							
						TLC-GG (5-8P)							
2	3	4	5	6	7	8							
	IRG (10-1130A)	IRG (3-630P)	PBP (6-8P)										
		Yoga (530-630P)											
9	10	11	12	13	14	15							
		IRG (3-630P)	IRG (3-630P)										
		Yoga (530-630P)	"10 per CENT"										
			"100 per CENT"										
16	17	18	19	20	21	22							
	IRG (10-1130A)	IRG (3-8P)		IRG (10-1130A)									
		TLC-GG (430-8P)											
		TLC-SS (6-730P)											
23	24	25	26	27	28	29							
Steps/SoS (3P)	Healthful	IRG (3-630P)	IRG (10-1130A)	IRG (3-630P)									
	Eating (6P)	Yoga (530-630P)		TLC-GG (5-8P)									
КЕҮ		Highlights & Details (see flyers for more information or call 920.457.2223)											
TLC-SS: Survivor	TLC-SS: Survivorship Session		This month's guest speaker is Cathy Keefe, OCN – MOA/SCBS Nurse Manager, who will										
Together we Live with Cancer Peer-to-Peer Support Activity		describe "A Day in the Life of an Oncology Nurse." Cathy has twenty years of experience											
		treating area cancer patients and survivors, almost all of those years here at MOA/SCBS, and will share the many joys and challenges of her work.											
TLC CC: Come (Cothoring					ist cassion on							
	TLC-GG: Game Gathering Together we Live with Cancer		This month offers two "TLC World Series of Blackjack" opportunities, the first session on Saturday, February 1 st and the second session, featuring a "final table" on Thursday,										
-		February 27 th as well as our monthly Game Gathering before and after our TLC Survivorship											
Peer-to-Peer Su	pport Activity	Session on Tuesday, February 18 th . A variety of games will be offered at all sessions!											
Yoga: Gentle Yo	ga for Cancer	We will be celebrating the Ten-Year Anniversary of our first Survive, Thrive & Be Fit activity,											
Survivors			ur first Gentle Yoga	for Cancer Survivor	rs session on Satura	ay, February 1 st							
SCCCF Survive T	hrive & Be Fit		· · · · · · · · · · · · · · · · · · ·		ditional Gentle Yogo	-							
		Survivors sessions will be held on Tuesdays, February 4 th , 11 th and 25 th at 530PM!											
IRG: Indoor Rov		The Indoor Row Group continues to grow as the season, which runs through April 30 th ,											
SCCCF Survive, 1	Thrive & Be Fit	continues! This month's challenges include the Concept2 Valentine's Day Challenge along											
		with a chance to take some "Strokes for Survivorship" while raising some "Money for Meters" for SCCCF on February 12 th ! New members are always welcome. Contact Tim!											
PBP: Pickleball	Play	Join us on Wednesday, February 5 th at Farnsworth Middle School for some fun, casual and											
SCCCF Survive, 1		non-competitive Pickleball Play for beginners and advanced players with tips and											
Secci Survive, I	ninve & be nit	instructions provided by pickleball enthusiast Bruce Becker! Additional Wednesday evening											
		sessions are scheduled for February 5 th , March 4 th , April 1 st and May 6 th !											
Steps/SoS: Surv	vivors on	Join us for a casual snowshoe outing and a unique opportunity to see a different kind of											
Snowshoes at the Christopher		natural beauty at the Christopher Farm & Gardens! If weather/conditions allow, we may											
Farm & Gardens		build a warming fire in one of the nearby fire pits for folks to gather!											
Support SCCCF a	and Your Local				uest your com-PEN								
Cancer Commu	nity!	CENT-ial funding to SCCCF through which we can continue to ac-CENT-uate the lives of many											
"Coins for Cance		magnifi-CENT cancer patients and survivors within our CENT-sational our community!											
		in of the Local C				-							

For details, see the most recent issue of the Local Cancer Community Update, visit <u>www.scccf.org</u> or call 920.457.2223.





TLC is a "Supportive Community" that provides cancer survivors, their families, friends and caregivers with health and wellness opportunities for the body, mind, heart and spirit.

March, 2020

Events & Activities of the Local Cancer Community!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday Saturday									
1	2	3	4	5	6	7								
	IRG (3-630P)		IRG (10-1130A)	IRG (3-630P)		IRG (8A-1030A)								
	Yoga (530-630P)		PBP (6-8P)			Yoga (930-1030A)								
						Brit Beat (730P)								
8	9	10	11	12	13	14								
	IRG (3-630P)	IRG (10-1130A)	IRG (3-630P)			LMX (7A-1030A)								
	Yoga (530-630P)													
15	16	17	18	19	20	21								
LMX (8A-???)	IRG (3-630P)	IRG (3-630P)		IRG (10-1130A)										
	Yoga (530-630P)	TLC-GG (430-8P)												
		TLC-SS (6-730P)												
22	23	24	25	26	27	28								
		IRG (3-630P)	IRG (10-1130A)											
29	30	31												
	IRG (10-1130A)	IRG (3-630P)												
		TLC-GG (430-8P)												
КЕҮ		Highlights & De	tails (see flyers fo	r more informati	on or call 920.457	(2223)								
TLC-SS: Survivo	rship Session													
Together we Liv		The only way we can turn significant life events, including cancer, into meaningful life lessons is by taking time to reflect on them. Join Tim as he reflects on some of the life												
Peer-to-Peer Su		lessons he has learned throughout his own life and cancer journey while exploring the												
	pport/techney	benefits of and ways to practice self-reflection for a happier and more meaningful life!												
TLC-GG: Game	Gathering	This month's featured games at our TLC Survivorship Can Be Fun Game Gatherings we will												
Together we Liv	e with Cancer	Cribbage & Farkle! Consider joining us on March 17 th for some casual play (and instructions												
Peer-to-Peer Su	pport Activity	for beginners) followed by a TLC Cribbage Tournament and a TLC Farkle Tournament on Tuesday, March 31 st ! Other games or puzzles are available and welcome!												
	<u> </u>		_											
-	Yoga: Gentle Yoga for Cancer		Gentle Yoga sessions include stretching, breathing and meditation to bring some peace, healing and relaxation to the mind and body. Beginners welcome, no experience required!											
	Survivors		This month we are meeting on Mondays (March 2^{nd} , $9^{th} \otimes 16^{th}$) and Saturday (March 7^{th}).											
SCCCF Survive T			_											
IRG: Indoor Roy		It's a busy month for the Indoor Row Group! IRG will be competing in the World Rowing												
SCCCF Survive,	SCCCF Survive, Thrive & Be Fit		Indoor Virtual Sprints, embark on the Fifth Annual Lake Michigan Crossing (Saturday, March 14 th) followed by a more casual Lake Michigan return trip on (Sunday, March 15 th) and											
		participate in Concept2's Mud Season Madness and World Erg Challenge!												
PBP: Pickleball	Play				School for some fu	n, casual and non-								
SCCCF Survive,		competitive Pickleball Play for beginners and advanced players with tips and instructions												
		provided by pickleball enthusiast Bruce Becker! Additional Wednesday evening sessions are												
		scheduled for April 1 st and May 6 th ! Watch for outdoor sessions beginning in June!												
SCCCF Fundrais	ing Event	16 th Annual Unity Music Festival featuring BritBeat, Beatles Tribute Band, on Saturday,												
16 th Annual Uni	ty Music	March 7 th at 730P at the Stefanie H. Weill Center! Get your tickets now before they sell out												
Festival!		as about 800 tickets have already been sold, making it the most popular show of the season												
	ing Event	and one you won't want to miss! Visit <u>www.UnityMusicFestival.org</u> for details tickets!												
SCCCF Fundrais	-	12 th Annual Cancer Crusade! This FREE 2m/5k community walk/jog/run fitness event begins at the Sheboygan YMCA and follows the beautiful Lake Michigan shoreline. Course is open												
		from 730A to 10A or join the group start at 9A. Proceeds from commemorative T-shirts and												
FREE 2m/5k wa	ik, jog run!	raffles benefit SCCCF. Visit <u>www.scccf.org/events</u> for details!												
SCCCF Fundrais	ing Events	11 th Annual Flowers for the Fund Spring Flower Sale featuring Caan's Floral flowers! Place												
11 th Annual Flow	-	your order for a variety of flowers to be picked up at MOA/SCBS on Wednesday, May 6 th or												
Fund Spring Flor		purchase vouchers or gift certificates to be redeemed at Caan's Floral. Visit												
		www.scccf.org/ev	<u>vents</u> for details!											

For details, see the most recent issue of the Local Cancer Community Update, visit www.scccf.org or call 920.457.2223.



Together we Live with Cancer!



TLC Survivorship Can Be Fun GAME GATHERINGS!

Including TLC's World Series of Blackjack!



Three qualifying opportunities. Players will begin with the same chip count and play a 21-hand game. Betting minimums and maximums will increase every seven hands. Players with highest chip count after 21 hands will advance to the "final table" to be held on Thursday, February 27th!

TLC Tournament of Games:



Additional games (including "Crokinole") will be available or bring a favorite game of your own to share and play and participate in our current TLC Tournament of Games!

Saturday, February 1st ● 1P to 3P Tuesday, February 18th ● 4:30P to 6P, 7:30P to ?? Thursday, February 27th ● 4:30P to 6:30P FINAL TABLE for Qualifying Players at 7P

FREE! No experience required. Basic Instruction Provided. \$5 Donation to SCCCF: Raffle ticket & extra "TLC Chip"!

We don't stop playing because we grow old, we grow old because we stop playing." – George Bernard Shaw

FREE! Light food and snacks will be provided! RSVP is Always Appreciated!

LOCATION: Matthews Oncology Associates ● Sheboygan Cancer & Blood Specialists 1621 N. Taylor Drive, Sheboygan ● Second Floor Conference Room ● TO RSVP: Call Tim at 920-458-7433 or trenzelmann@physhealthnet.com ●

Survive, Thrive & Be Fit! Indoor Row Group!

SURVIVOR-ATHLETE/ROWERS WANTED FOR THE FIFTH ANNUAL



Above: ST&BF Survivor-Athletes who completed the 2019 Lake Michigan Crossing!

LAKE MICHIGAN CROSSING! Saturday, March 14th 7:15AM Start • Sheboygan YMCA BEGINNERS WELCOME!!!

A dedicated group of rookie and veteran survivor-athlete/rowers are preparing for this year's relay-type crossing. If you are interested in being a part of this unique experience (and tell your family and friends that you "rowed across Lake Michigan"), contact Tim TODAY to schedule in brief introduction to learn a few rowing basics and give it a try! Then, if you'd like, join us on the day of the crossing and row with us!

NOTE: Rowers need not be present for the full 100,000m crossing which, because it is completed using three ergs, should take us about 3.5 hours, followed by a post-event stop at Suscha's! 😳

Benefits of Indoor Rowing:

- Rowing is easy to learn and can be enjoyed by all ages and abilities!
- Rowing is a low impact activity offering smooth, rhythmic and impact free motion for comfortable and injury free exercise!
- Rowing exercises all major muscle groups through a wider range of motion than most other exercises thereby promoting strength, fitness, flexibility and mobility!
- Rowing with others provides for a supportive, social and enjoyable environment!
- Rowing is a time-efficient exercise that allows for a great workout in little time!



The Sheboygan County Cancer Care Fund is a "Beacon of Hope" for cancer patients and survivors of Sheboygan County, offering financial "Gestures" and healthy "Survive, Thrive & Be Fit" activities to eligible community members! To learn more: visit www.scccf.org or call 920.457.2223

"Survive, Thrive & Be Fit!" Gentle Yoga for Cancer Survivors!

GENTLE YOGA sessions include stretching, breathing and meditation to bring some peace, healing and relaxation to the mind and body. Beginners welcome, no experience required!

Saturday, February 1st 9:30AM to 10:30AM

With Katie Boge, CYT

Tuesdays, February 4th, 11th & 25th!

5:30PM to 6:30PM

With Kaitlynn Kiela, CYT

MOA/SCBS Second Floor Conference Room 1621 N. Taylor Drive, Sheboygan

Space is limited. RSVP is encouraged by contacting Tim at 920.457.2223 or trenzelmann@physhealthnet.com.



Making Sheboygan County The Healthiest Place To Survive Cancer! The Sheboygan County Cancer Care Fund is a "Beacon of Hope" for cancer patients and survivors of Sheboygan County, offering financial "Gestures" and healthy "Survive, Thrive & Be Fit" activities to eligible community members!

To learn more: visit <u>www.scccf.org</u> or call 920.457.2223



GENTLE YOGA sessions include stretching, breathing and meditation to bring some peace, healing and relaxation to the mind and body. Beginners welcome, no experience required!

Mondays, March 2nd, 9th & 16th 5:30PM to 6:30PM

With Katie Boge, CYT

Saturday, March 7th 9:30AM to 10:30AM

With Katie Boge, CYT

MOA/SCBS Second Floor Conference Room 1621 N. Taylor Drive, Sheboygan

Space is limited. RSVP is encouraged by contacting Tim at 920.457.2223 or trenzelmann@physhealthnet.com.



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> To learn more: visit <u>www.scccf.org</u> or call 920.457.2223

Survive, Thrive & Be Fit! Indoor Pickleball Play



Wednesday Nights! March 4th, April 1st & May 6th 6PM to 8PM

Farnsworth Middle School • 1017 Union Avenue • Sheboygan (Park in the East Parking Lot off S. 10th Street)

Join us for some fun, casual and non-competitive Pickleball Play for beginners and advanced players with tips and instruction provided by pickleball enthusiast Bruce Becker!

No experience necessary! Beginners welcome!

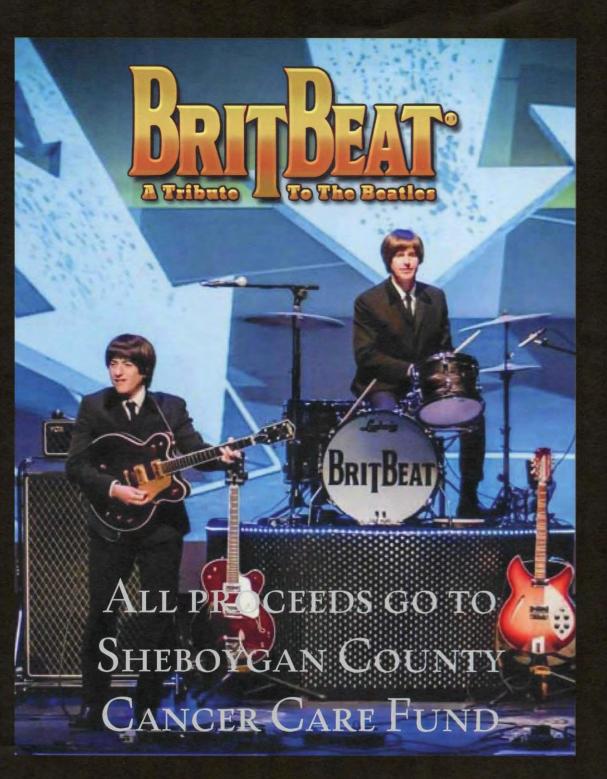
All equipment provided!

For more information and to register for this FREE activity for cancer patients and survivors and their co-survivor guest, please call Tim at 920.457.2223 or e-mail trenzelmann@physhealthnet.com!



Making Sheboygan County The Healthiest Place To Survive Cancer! The Sheboygan County Cancer Care Fund is a "Beacon of Hope" for cancer patients and survivors of Sheboygan County, offering financial "Gestures" and healthy "Survive, Thrive & Be Fit" activities to eligible community members!

To learn more: visit <u>www.scccf.org</u> or call 920.457.2223



Saturday, March 7, 2020 at 7:30 at Stefanie H. Weill Center For tickets go to UnityMusicFestival.org



Together we Live with Cancer!



Tuesday, March 17th

Survivorship Session 6:00_{PM}

A Talk Simply Titled:



Thoughtful & Heartfelt Reflections (And Why & How to Practice Self-Reflection) Presented by Tim E. Renzelmann

The only way we can turn significant life events, including but surely not limited to cancer, into meaningful life lessons is by taking time to reflect on them. Join Tim as he reflects on some of the life lessons he has learned throughout his own life and cancer journey while exploring the benefits of and ways to practice self-reflection for a happier and more meaningful life! Survivorship Can Be Fun Game Gathering 4:30P to 6P 7:30P to ??

Featured Games:

Cribbage & Farkle

Play any of our "regular" TLC games... or bring a favorite game or puzzle to share!

Connect with fellow cancer survivors and co-survivors in this fun and casual setting!

No FEE or Registration Required. RSVP Always Appreciated.

LOCATION: Matthews Oncology Associates ● Sheboygan Cancer & Blood Specialists 1621 N. Taylor Drive, Sheboygan ● Second Floor Conference Room ● Call 920-458-7433 (Ask for Tim) for more information! ●

Flowers for the Fund!



Spring Flower Sale! Pre-Paid Orders Due by Monday, April 20th!

YOUR CHOICE:

Pick Up Your Pre-Paid Order on Wednesday, May 6th!

MOA/SCBS Parking Lot 1621 N. Taylor Drive, Sheboygan Between 9AM and 5PM

 Purchase a Voucher to be redeemed at Caan's between April 23rd and May 25th!

Beautiful Hanging Flower Baskets and Planters from Caan Floral & Greenhouses in a variety of types, colors and sizes are available to order with proceeds benefitting SCCCF! All orders must be pre-paid!

For Details on How to Place Your Order, Contact Tim at 920.457.2223!



10" Hanging Baskets - \$26.00 8" Watering Can (mixed) Planters - \$22.00 10" Combo (mixed) Planters - \$20.00 12" Combo (mixed) Baskets - \$36.00 Caan's Gift Certificates - \$25.00



Spring 2020 HANGING FLOWER BASKET SALE

Proceeds to benefit THE SHEBOYGAN COUNTY CANCER CARE FUND

4422 South 12th Street Sheboygan, WI 53081 Phone (920)452-4111 I Toll Free 1-800-952-7686 **ORDER DEADLINE: Monday, April 20th!**

ORDER PICKUP: Wednesday, May 6th from 9AM to 5PM, 1621 N. Taylor Drive, Sheboygan

SELLER'S NAME:

SELLER'S PHONE: ________ *Checks payable to SCCCF or Sheboygan County Cancer Care Fund (Donations Accepted)

THIS ORDER FORM MUST BE RETURNED BY MONDAY, APRIL 20th – All Orders MUST be PREPAID!

Neatly and accurately PRINT name, address and phone. Please note color choices and price differences.

INFO & Questions: Tim E. Renzelmann – SCCCF, 1621 N. Taylor Drive, Sheboygan, WI 53081 (920) 457-2223

SHEBOYGAN COUNTY CANCER CARE FUND	Hanging Ivy GeraniumNew Guinea ImpatienceFuchsia8" Watering Can Planter10" Prem. Combo 							\$25 Gift Certif- icate						
		\$26.00 Sunny		\$26.00 Morn/Eve Sun, Mid-day Shade			\$26.00 Mostly Shade		\$22.00	\$20.00	\$36.00	\$25		
Customer Information:	Red	Pink	White	Red	Pink	White	Orange	Red/Pur	Red/White	Varied	Varied	Varied		TOTAL\$
Name:														
Address:		OUCHEI	R: I wou pick up	Id like to voucher	purcha (s) on W	i se a vou /ednesda	icher to b ay, May 6	e redeem	ed at Caan's		oril 23 rd and	May 25 th (Cho		
Phone:		l will Pleas	contact se send i	SCCCF my vouc	(457-222 cher(s) to	23) to arr o the ado	ange to p dress at le	oick up my eft as sooi	voucher(s) n as vouche) at MOA/SCE er(s) are avail	3S prior to N lable.	lay 6 th .		
Name:														
Address:		OUCHEI	R: I wou pick up	Id like to voucher	purcha (s) on W	i se a vou /ednesda	icher to b ay, May 6	e redeem	ed at Caan's n 9A and 5P	Wednesday, s between Ap	oril 23 rd and	May 25 th (Cho		
Phone:		Pleas	se send i	my vouc	her(s) to	, the add	dress at le	eft as sool	n as vouche	er(s) are avail	lable.	5		
Name:														
Address:		OUCHEI will will	R: I wou pick up contact	Id like to voucher SCCCF	purcha (s) on W (457-222	i se a vou /ednesda 23) to arr	i cher to b ay, May 6 ange to p	e redeem th betweer vick up my	ed at Caan' 9A and 5P v voucher(s	Wednesday, s between Ap) at MOA/SCE er(s) are avail	oril 23 rd and 3S prior to N	May 25 th (Cho		

Flowers for the Fund



Spring Flower Sale Featuring Flowers from Caan's Floral!



Pre-Paid Orders Due by: <u>Monday, April 20th</u>

Proceeds to benefit

4422 South 12th Street I Sheboygan, WI 53081 Phone (920)452-4111 I Toll Free 1-800-952-7686 THE SHEBOYGAN COUNTY CANCER CARE FUND

ORDER DEADLINE: Monday, April 20th!

ORDER PICKUP: Wednesday, May 6th from 9AM to 5PM, 1621 N. Taylor Drive, Sheboygan

*Checks payable to SCCCF or Sheboygan County Cancer Care Fund (Donations Accepted)

THIS ORDER FORM MUST BE RETURNED BY MONDAY, APRIL 20th – All Orders MUST be PREPAID!

Neatly and accurately PRINT name, address and phone. Please note color choices and price differences.

INFO & Questions: Tim E. Renzelmann – SCCCF, 1621 N. Taylor Drive, Sheboygan, WI 53081 (920) 457-2223

SHEBOYGAN COUNTY CANCER CARE FUND		nging eraniu	m í	New Guinea Impatience				Fuchsia		8" Watering Can Planter	10" Prem. Combo Planter	12" Prem. Combo Basket	\$25 Gift Certif- icate	
	\$26.00 Sunny			Morn/			y Shade	\$26.00 Mostly Shade		\$22.00	\$20.00	\$36.00	\$25	
Customer Information:	Red	Pink	White	Red	Pink	White	Orange	Red/Pur	Red/White	Varied	Varied	Varied		TOTAL\$
Name:														
Address:	DELIVERY: Deliver my flowers to MOA/SCBS and I will pick them up on Wednesday, May 6 th between 9A and 5P!									5P!				
	 VOUCHER: I would like to purchase a voucher to be redeemed at Caan's between April 23rd and May 25th (Choose One): I will pick up voucher(s) on Wednesday, May 6th between 9A and 5P. 													
Phone:	 I will contact SCCCF (457-2223) to arrange to pick up my voucher(s) at MOA/SCBS prior to May 6th. Please send my voucher(s) to the address at left as soon as voucher(s) are available. 													