Survive, Thrive & Be Fit!

Sunday, October 25th
1PM to 5PM
At the Christopher Farm & Gardens!

Great Heights with Delightful Kites: Bring your own kite, contact Tim to reserve a kite or to pick up a kite kit to assemble and decorate prior to the event! Or just join us to see how many kites we can get in the air!!! We will plan on kite launch times of 1P to 2P and again from 4P to 5P (with the understanding that kite flying is weather/wind dependent)!

Introductory Tai Chi for Cancer Survivors: Join Michael Finney for an introductory Tai Chi class that will take place in this peaceful outdoor setting with safe physical distancing. Session will take place from 2P to 3P in the CF&G ampitheater.

Steps to Survivorship "Trick or Treat" Scavenger Hunt: Feel free to come in Halloween costume and take part in a "Trick or Treat" scavenger hunt! Treats will be placed at various locations throughout the property!

Simply Wander this Wonderful Property: There is so much to see... so much to appreciate... so much to enjoy!!! Wander the property at your own pace (maps of the property will be provided). Consider bringing your camera and sharing your photos on our photo page. Or simply bring a book and find a quiet spot to enjoy the day!!! This is your time to spend as you please!!!

Participation Guidelines and COVID-19 Precautions:

- Participation open to cancer patients/survivors with a co-survivor guest, medical caregivers!
- A final confirmation e-mail will be sent to all registered participants with details!
- General COVID-19 risk assessment and body temperature screening will be conducted upon entry!
- Safe spacing & social distance practices of all participants required!
- Face masks must be worn when within 6-feet of non-household members!
- No group gathering or assembly! No food or drinks will be served! Contingent upon weather/conditions!

REGISTRATION REQUIRED by October 23rd ● To Register Call 920.457.2223!

Or send an e-mail to: trenzelmann@physhealthnet.com

SHEBOYGAN COUNTY CANCER CARE FUND

Survive, Thrive & Be Fit!

THE CHRISTOPHER FARM & GARDENS
Sheboygan, Wisconsin
www.christopherfarmandgardens.org

Christopher Farm & Gardens is located at W580 Garton Road, Sheboygan.