

# Survive, Thrive & Be Fit!

## Indoor Row Group!

### Lake Michigan Crossing Over the Years!





**Lake Michigan Crossings:** \* = denotes first time crossing

- **2016 Lake Michigan Crossing – 10:03:49 (58 legs / 19 rowers (19 y))/ 3:01.15 per 500m)**
  - David Bakkom\*, Cindy Becker\*, Kathy Burch\*, Patty Daun\*, Leah Heusterberg\*, Mary Kempf\*, Jennifer King\*, Dione Knop\*, Dan Kunda\*, Candy Meyer\*, Diane Micoliczuk\*, Lori Pribek\*, Beth Raeder\*, Tim Renzelmann\*, Karen Rhyan\*, Janet Sampson\*, Beth Stockdale\*, Mike Stockdale\*, Dennis Sundell\* (19 survivor-athlete/rowers)
- **2017 Lake Michigan Crossing – 9:30:02.6 (56 legs / 15 rowers (23 y) / 2:51.01 per 500m)**
  - Cindy Becker (2), Barb Bogenschutz (1), Lenny Bogenschutz (1), Anthony Flores (1), Lisa Glander (1), Carrie Green (1), Leah Heusterberg (2), Mary Kempf (2), Jennifer King (2), Dan Kunda (2), Beverly Leonard (1), Candy Meyer (2), Lori Pribek (2), Tim Renzelmann (2), Mary Rohde (1) (15 survivor-athlete/rowers)
- **2018 Lake Michigan Crossing - 09:17:05.6 (52 legs / 14 rowers (27 y))/ 2:47.13 per 500m)**
  - Cindy Becker (3), Mike Brachmann (1), Lisa Glander (2), Brett Goebel (1), Bob Hartig (1), Leah Heusterberg (3), Jennifer King (3), Maryellen Kloiber (1), Dan Kunda (3), Chris Meyer (1), Tim Renzelmann (3), Janet Sampson (2), Beth Stockdale (2), Dennis Sundell (1) (14 survivor-athlete/rowers)
- **2019 Lake Michigan Crossing - 8:48:52.7 (71 legs / 17 rowers (43 y) / 2:38.66 per 500m)**
  - Althea Smith (1), Beth Stockdale (3), Candy Meyer (3), Carrie Green (2), Cindy Becker (4), Dan Kunda (4), Dennis Sundell (2), Dione Knop (2), Jennifer King (4), John Seaman (1), Kirstin Opgenorth (1), Leah Heusterberg (4), Lisa Glander (3), Maryellen Kloiber (2), Mike Brachmann (2), Sue Zalewski (1), Tim Renzelmann (4) (17 survivor-athlete/rowers)
- **2020 Lake Michigan Crossing – 8:34:21.2 (87 legs / 15 rowers (45y y) / 2:34.31 per 500m)**
  - Althea Smith (2), Brett Goebel (2), Chuck Cioper (1), Cindy Becker (5), Dan Kunda (5), Dennis Sundell (3), Jennifer King (5), John Seaman (2), Kathy Burch (2), Kirstin Opgenorth (2), Leah Heusterberg (5), Linda Ansay (1), Lisa Glander (4), Rae-Ellen Weber (1), Tim Renzelmann (5) (15 survivor-athletes/rowers)
- **2021 Lake Michigan Crossing – 8:59:20.4 (47 legs / 14 rowers (51 y) / 2:41.08 per 500m)**  
**VIRTUAL EVENT!**
  - Cindy Becker (6), Dan Kunda (6), Dennis Sundell (4), Jennifer King (6), John Seaman (3), Judy W (1)\*, Kathy Burch (3), Leah Heusterberg (6), Linda Ansay (2), Lisa Glander (5), Maryellen Kloiber (3), Rae-Ellen Weber (2), Sue Zalewski (2), Tim Renzelmann (6) (14 survivor athletes/rowers)
- **2022 Lake Michigan Crossing – 8:40:02.1 (75 legs / 12 rowers (53 y) / 2:36.01 per 500m)**
  - Beth Stockdale (4), Cindy Becker (7), Dan Kunda (7), John Seaman (4), Kathy Burch (4), Linda Ansay (3), Lisa Glander (6), Maryellen Kloiber (4), Mike Brachmann (3), Sue Zalewski (3), Tim Renzelmann (7), Tom Strojink\* (1). (12 survivor athletes/rowers)

- **2023 Lake Michigan Crossing – 8:48:43.1 (82 legs / 14 rowers / 2:38.62 per 500m)**
  - Linda Ansay (4), Cindy Becker (8), Mike Brachmann (4), Kathy Burch (5), Rachel Darling (1), Michelle Fink (1), Lisa Glander (7), Nancy Josiah (1), Jennifer King (7), Tim Renzelmann (8), John Seaman (5), Beth Stockdale (5), Rae-Ellen Weber (3), Sue Zalewski (4). With (bike) support by Bob Hartig & Dan Kunda.
- **2024 Lake Michigan Crossing – 9:00:27.1 (93 legs / 13 survivor rowers (76 y) / 2:42.14 per 500m) 8:56:21.1 (86 legs / 13 survivors + 1 co-survivor / 2:40.91)**
  - Cindy Becker (9), Kathy Burch (6), Michelle Fink (2), Lisa Glander (8), Jennifer King (8), Maryellen Kloiber (5), Dan Kunda (8), Kate Rataczak\* (1), Tim Renzelmann (9), John Seaman (6), Dennis Sundell (5), Rae-Ellen Weber (4), Sue Zalewski (5), w/Hanna Held\* (1).